

Positive Mental Attitude

The big questions of life

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1. Who am I?
2. Where did I come from?
3. Where am I going?
4. What is my purpose?
5. Why is there suffering?
6. Who decides what is right and what is wrong?
7. Does God exist?

Everyone has questions

- How each person answers these questions will result in either a positive or a negative mental attitude.
- To answer these questions without a belief in the true God, will lead to a negative attitude about oneself and the world.
- The following answers are shown from a Biblical viewpoint, bringing about a positive mindset for those who believe.

Positive answers #1

1. Who am I?

Answer: I am created in God's image and I am special to Him.

2. Where did I come from?

Answer: God created me and knew me before I was born. (Psalm 139).

3. Where am I going?

Answer: Heaven is real and is a home for those who love Him.

Positive answers #2

4. What is my purpose?

Answer: My purpose is to love and serve God and others.

5. Why is there suffering?

Answer: Suffering in the world is the result of sin.

6. Who decides what is right and wrong?

Answer: The Bible tells us what is right and wrong.

Positive answers #3

7. Does God exist?

Answer: The created world and our conscience tell us that there is a God.

Romans 1:20 For since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made, so that people are without excuse.

Negative answers #1

1. Who am I?

Answer: I am a free individual, free to do whatever I like.

2. Where did I come from?

Answer: I am a product of evolution, evolved from a single cell.

3. Where am I going?

Answer: I am on my own journey through life, doing as I please. There is no Heaven, and we cease to exist after death.

Negative answers #2

4. What is my purpose?

Answer: My purpose is to live for myself and to feel good.

5. Why is there suffering?

Answer: If there is a God, why does He allow suffering?

6. Who decides what is right and wrong?

Answer: What's right or wrong is a matter of opinion.

Negative answers #3

7. Does God exist?

Answers:

Either - There is no God.

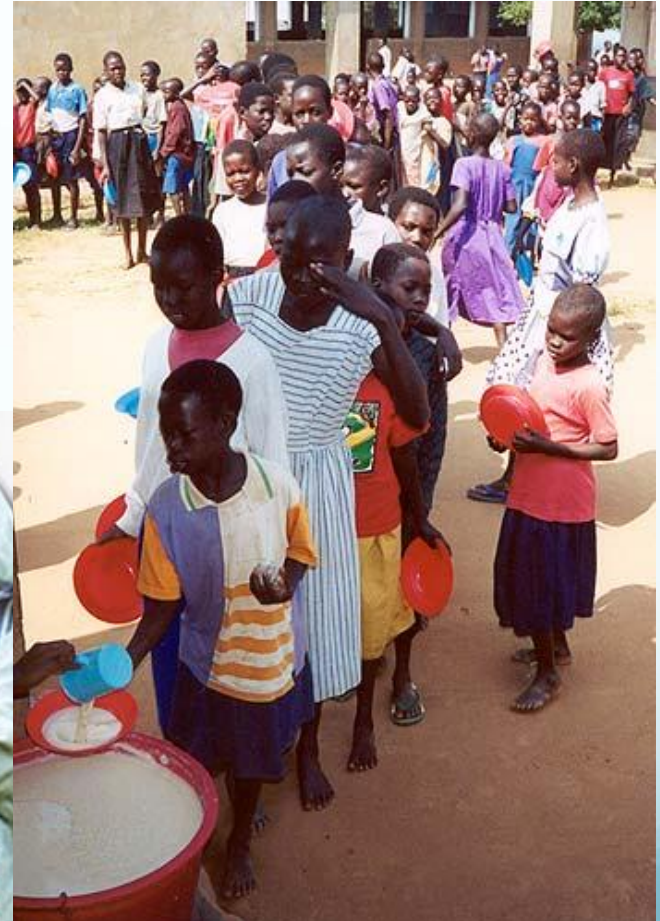
Or – There are many gods and they are all equally acceptable.

Beliefs have consequences

Biblical beliefs:

- If we believe that every life has value, then we will want to serve God by caring for the poor, the needy.
- We will respect God's design for marriage and the family, and value the life of the unborn.
- If we believe that all human beings are of equal value, then we will stand against slavery, and poor treatment of people because of their race.

Beliefs have consequences!



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Same-Sex Marriage



Two Trees

I am a product of evolution

Man is an accident

No God...

No one to set the rules

No right or wrong

I am God's special creation

Everyone is precious to God

God is in charge of me

I live to please Him

Results
(Fruit)

Man decides truth

There is no God

Belief
(Roots)

God's word is truth

There is a God

Beliefs have consequences

Discuss:

How could the following beliefs have negative results?

1. To be happy in life, you should do whatever you want to do.
2. Moral standards are a matter of opinion.
3. I am a product of evolution.

God's word sets the standard

A Biblical Christian believes in:

- the Bible as truth, and God's instructions for us to live by.
- a once perfect world, as God created it.
- the original sin of the human race, by which suffering entered the world.
- Jesus, God's Son, a living person.

God sent Jesus into the world to take the punishment for our sin. Jesus gives new spiritual life to all who ask for it and choose to follow Him

Further discussion

How can a belief in evolution cause people to have a negative mental attitude?

Why is it difficult for people to believe in the Biblical account of Creation?

Genesis 1:1 1 In the beginning, God created the heavens and the earth.

Genesis 1:27 So God created man in his own image, in the image of God he created him; male and female he created them.